

MUTTENZER POLKA

(Switzerland)

Music: Record: Columbia SEVZ 608.

Formation: Double circle of cpls facing LOD, W to R of M, hands on hips.

Steps: Rheinlaender step: diag fwd: step-together-step hop.
When doing the hop, kick other leg stretched across fwd.Meas Pattern1. OPEN POLKA

- 1 1 Schottische step to the side, ML, WR.
 2 1 Schottische step twd each other, MR, WL.
 3-4 Ballroom pos. 2 turns CW with 4 step hops.
 5-8 Repeat meas 1-4.
 1-8 Repeat meas 1-8.
 (repeated)

2. "BELL" POLKA

- 9 Ballroom pos, M back to ctr.
 M: 1 Schottische step in place with 1/2 turn to L, start L.
 W: 1 Schottische step R, ending back to ctr.
 10 Repeat meas 9 back to place with opp ft. Join R hands
 held high.
 11-12 M: 4 step hops in LOD.
 W: 2 turns CW with 4 step hops twirling under joined
 R hands.
 13-16 Repeat meas 9-12.
 9-16 Repeat meas 9-16.
 (repeated)

3. SKATING POLKA

- 17 Skater pos: Ptrs cross arms in front, M below, face LOD.
 1 Rheinlaender step L.
 18 1 Rheinlaender step R.
 19-20 1/2 turn CCW with 4 step hops. M bkwd, W fwd.
 Drop hands, face ptr, hands on hips.
 21 1 Schottische step L to the side.
 22 1 Schottische step R twd each other. Join R hands shoulder high.
 23-24 1 turn CW with 4 step hops. Skater pos face CW.
 25-32 Repeat meas 17-24 CW.

4. OPEN POLKA

- 1-16 Repeat Part I.

Presented by Carmen Irminger