

A MOLÉSON
(Switzerland)

A Moléson is a singing dance, a coraule.

Music: Record: 7 EG 8784

Formation: Cpls in a circle, face ctr. Hands joined, shoulder high.

Steps: In this dance, the polka in 3/4 tempo is danced as follows:
on 2/4: 1 step-close-step = 3 step-close-steps in 2 meas.

<u>Measures</u>	<u>Pattern</u>
2 meas	Introduction

FIG I

1-4	12 walking steps CW, start L.
1-4 (repeat)	12 walking steps CCW, start L. Ending: close L to R.
5-7	10 side gallop steps CW. Ending: close R to L.
8-10	Release hands. Clap own hands and bow to contrary ptr. (M to W on his L side, W to M on her R side). Repeat action but bow to own ptr.
11-18	Ballroom pos, 12 step-close-steps turning R, moving CCW.
11-18 (repeat)	Repeat action of meas 11-18.

FIG II

1-10	Repeat action of meas 1-10 of Fig I.
11-18	Ptrs face, W face CW, M CCW, both raise R arms, W holding second finger of R hand of M, L hands on hips. M: 12 step-close-steps fwd CCW. W: 12 step-close- steps turning CW under joined R arms (2 step-close- steps for one turn).
11-18 (repeat)	Repeat action of meas 11-18, Fig II.

FIG III

1-18 & 1-18 (repeat)	Repeat action of Fig I.
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