

Tsirigotikos

(Kythira, Greece)

These two dances represent first the original slow traditional syrtos and secondly an updated version which is a jumpy syrtos. The Island of Kythira is also known as Tsirigo, which gives this dance its name.

Pronunciation: tsee-ree-GOH-tee-kohs

Music: 4/4 meter *Timeless Sounds*, Track 7 and 8

Formation: Open circle of dancers in T-pos.

Steps & Styling: Light feet and flexing knees.

Meas 4/4 meter

Pattern

DANCE A – Traditional, slower (Track 7)

8 INTRODUCTION. No action. Start with singing.

I. BASIC STEP.

1 Facing ctr and moving R, step R to R (ct 1); step L in front of R (ct 2); repeat cts 1-2 (cts 3-4).

2 Step R to R (ct 1); lift L low and gently in front of R while slightly bending R knee (ct 2); repeat cts 1-2 with opp ftwk and direction (cts 3-4).

3-4 Repeat meas 1-2.

II. ACROSS AND LIFT.

1 Repeat Fig I, meas. 1.

2 Slight leap and fall on R to R, turning both twd L and kick L ft up behind R (ct 1); step L to L (ct 2); step R across L (ct &); step L to L (ct &); lift R across L (ct 4).

3-4 Repeat meas 1-2.

Sequence: Alternate Figs. I and II, ending with ft together.

DANCE B – newer, faster (Track 8)

10 INTRODUCTION. No action. Start with vocal.

I. BASIC STEP.

1-4 Repeat Fig I, meas. 1-4 of Dance A with more energy and bounce.

II. ACROSS AND LIFT.

1 Jump on both ft with wt on R (ct 1); hop on R moving L across R (ct &); step on L (ct 2); repeat cts 1, 2 (cts 3, 4).

2 Repeat Fig II, meas 2 of Dance A with more energy and bounce, almost skipping.

3-8 Repeat meas 1-2.

Presented by Lilian Vlandi

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Lyrics:

(older song)

Pio kato ap to Kavο Malia pio pano apo tin Kriti
Is to Tsirigo t'omorfo genithi I Afroditi

Kavomalia ta ori sou ligo chamilose ta
gia na ido to nisaki mou ke pali psilose ta
Tsirigo mou omorfo nisi edo makria sta xena
gia t'onoma sou vriscome me matia dakrismena

Sti Pelagia sat tha vgo to choma tha filiso
ki orkizome sti xenitia na mi xanagyriso

(newer song)

Pio kato ap to Kavο Malia pio pano apo tin Kriti
ke sto Tsirigo t'omorfo genithike i Afroditi (2)

Eki genitikes ke si ach pou na min egeniosoun
omorfi Tsirigotisa me pireo sto lemo sou (2)

Ston ourano i Artemis sti gi i Persefoni
sta kali ke stin omorfi ston kosmo ise moni (2)

Omorfi Tsirigotisa ki makria sta xena
Kathimernos ta matia mou dakrizoune gia sena (2)

Pronunciation Guide

Ch	=	h as in house
d	=	dth as in the
g	=	y as in yell
ou	=	as in tool
y	=	i as in lift
x	=	ks as in links

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