

Syrtos Mykonos

(Mykonos, Greece)

This dance is from the Aegean sea island of Mykonos.

Pronunciation: seer-TOHS mee-KOH-noo Translation: Syrtos from Mykonos

Music: 2/4 meter *Timeless Sounds*, Track 10

Formation: Open circle, hands in W-pos.

Steps & Styling Island style, body moves smoothly with bouncy steps and flexing knees, up and down like a wave. A Slow-Quick-Quick rhythm is maintained throughout.

<u>Meas</u>	<u>2/4 meter</u>	<u>Pattern</u>
8 meas	<u>INTRODUCTION.</u> No action.	
	I. <u>TRAVELING.</u>	
1	Moving CCW, long step R fwd, bending knees (ct 1); small step L slightly in front of R (ct 2); step R slight in front of L (ct &).	
2	Repeat meas with opp ftwk.	
3-4	Repeat meas 1-2.	
	II. <u>DANCING IN PLACE.</u>	
1	Step R fwd (ct 1); step L to L (ct 2); step R heel fwd, taking wt (ct &).	
2	Step L behind R (ct 1); step R to R (ct 2); step L heel fwd, taking wt (ct &).	
3-4	Repeat meas 1-2.	
	III. <u>PAS DE BASQUE.</u> Move to T-pos.	
1	Step R to R with bent knee (ct 1); step L in place (ct 2); step R heel across R, taking wt (ct &).	
2	Step L in place with bent knee (ct 1); step R in place (ct 2); step L heel across L, taking wt (ct &).	
3-4	Repeat meas 1-2.	
	IV. <u>PAS DE BASQUE WITH LEAPS.</u>	
1-4	Repeat Fig III but the first count is a leap instead of a step.	

Sequence: Usually called by line leader. End dance with ft together.

Suggested sequence if not called by line leader:

(Fig I, Fig II three times) three times. Then Fig I, Fig III, Fig IV to the end of the music.

End dance with ft together.

Presented by Lilian Vlandi