

Mia Kori

Mia Kori (Mia Kori mia Diavatissa) is a simple three-measure dance (a little like a Pousteno step, but done in 9/8) from the Thracian region of Greece, here with a simple in-and-out refrain added.

MUSIC: Mia Kori mia Diavatissa

RHYTHM: 9/8 (1-2, 3-4, 5-6, 7-8-9, or "short-short-short-long," counted here as "one-two-three-four," and sometimes as "one-two-three-four-and," that is, 1-2, 3-4, 5-6, 7, 8-9.)

FORMATION: Open circle, leader on R.

HANDHOLD: High handhold ("W.")

STYLE: There can be a slight hop (čukče) before the step on the "1" of each measure.

METER 2/4

PATTERN

Meas

1-8 Introduction – no dance

I. SONG VERSE – To the R

- 1 Facing and moving diag R: Step on R ft to R (1), step on L ft, crossed behind R (2), step on R ft to R (3), step on L ft crossed in front of R (4).
- 2 Turning to face ctr: Step on R to R (1), step on L ft crossed in front of R (2), step on R ft in place (3), kick L ft fwd, fairly straight L knee (4).
- 3 Continuing to face ctr and dancing in place: Step bkwds on L ft (1), step on R ft next to L (2), step on L ft crossed in front of R (3), hop on L ft, raising R heel behind you (4).

- 4-6 Repeat meas 1-3.
- 7-8 Repeat meas 1-2, but instead of kicking L ft fwd on ct 4 of meas 8, hop on R ft (4) and step on L ft crossed behind R ft (&).

II. REFRAIN - (Moving in and out of the circle)

- 1 Facing and moving twds ctr: Step on R ft fwd (1), step on L ft fwd (2), step on R ft fwd (3), hop on R ft (4), step on L ft fwd (&).
- 2 Continuing to face and move twds ctr: Step on R ft fwd (1), step on L ft fwd (2), stamp R ft diag to R(3), stamp R ft fwd (4).
- 3 Continuing to face ctr, but now moving away from ctr: Step on R ft bkws (1), step on L ft bkws (2), step on R ft bkws (3), hop on R ft (4), step on L ft bkws (&).
- 4 Continuing to face ctr but moving away from ctr: Step on R ft bkws (1), step on L ft bkws (2), stamp R ft diag to R(3), stamp R ft fwd (4).
- (5-8) (Repeat meas 1-4 one more time during those instrumental refrains which are 8 meas long – which is not every time but every other time.)

Dance presented by Lee Otterholt

Dance notes by Lee Otterholt

Lee Otterholt
1046 Katella St.
Laguna Beach, CA 92651

Tel.: (949) 715-9788
E-mail: Leeotterholt@yahoo.com