

LETSINA
(Greece)

This dance comes from Pontos.

Pronunciation:

Record: LP VAS 233 "Ta Horeftika Tou Sotiraki"
Folkraft LP 6

Formation: Open circle, dancers hands joined in "V" pos, R
ft free.

Meas

Pattern

1-2	Travelling to the L, step R across L (S); step L to L (Q). Repeat for meas 2.
3	Step R in front of L (S); step bkwd on L (Q).
4	Step bkwd R,L (S,Q).
5	Step sdwd on R (S); hop or chug on R (Q).
6	Hop on R, touching L fwd (S); step on L (Q).
7	Hop on L, touching R fwd (S); step on R (Q).
8	Hop on R, touching L fwd (S); step on L (Q).

Arms swing throughout meas 1-3.

Repeat from beginning.

Presented by Nikos Savvidis