

# Lemonia

(Epiros)

The tune Lemonia, meaning lemon tree, is a very popular melody from the region of Epiros, northwest Greece. It is most often danced as a simple "Sta Tria" or even as a rhythmically modified "Sta Dhio." The following, more complicated version, is from the repertoire of the dance troupe of the Lykiion Ellinidhon of Athens. As is often the case in Epiros, the "Sta Dhio" or "Poghonisios", is attached as a sort of coda at the end of the main dance.

Pronunciation: leh-mohn-YAH

Cassette: Greek Dances 1992 #2 Side B/5

3/4 meter

Formation: Open circle; W-pos or crooked elbow escort hold.

## Meas

## Pattern

8 meas

### INTRODUCTION

#### PART A

- 1-2 Facing slightly R of ctr, step on R in LOD (cts 1-3); step on L in front of R (cts 1-3).  
 3-4 step on R in LOD (cts 1-3); quick step fwd on L in front of R (ct 1); step back onto R (cts 2-3).  
 5-6 Step back on L (cts 1-3); quick step bkwd on R (ct 1); step on L in front of R (cts 2-3).  
 7-8 Pivoting to face ctr, small step on R to R (cts 1-3); close step on L next to R (cts 1-3).

#### PART B

- 1-2 Facing ctr, step on R to R (cts 1-3); quick step on L behind R (ct 1); step on R slightly back to R (cts 2-3).  
 3-4 Step on L in front of R (cts 1-3); touch step on R in front of L (cts 1-3).

#### B1

- 1-2 Repeat Part B, meas 1-2.  
 3-4 Step on L in front of R (cts 1-3); quick step R in front of L (ct 1); step back onto L (cts 2-3).

2/4 or 4/4

### STA DHIO

- 1 Facing slightly R of ctr, step on R in LOD (cts 1-2); step on L behind R (ct 3); step on R in LOD (ct 4).  
 2 Step on L in front of R (cts 1-2); step on R in LOD (ct 3); step fwd on L in front of R (ct 4).

Dance sequence: Part A - 4 times  
 Part B - 4 times  
 Part A - 3 times  
 Part B1 - 4 times  
 Part A - 3 times  
 Part B - 4 times  
 Part A - 3 times  
 Sta Dhio - 4 times

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