

## Kavodoritikos

(Evia, Greece)

This dance is from the Aegean Sea island of Evia in Greece and is a typical island-style syrtos dance with a couple dance variation included.

Pronunciation: Kah-voh-doh-REE-tee-kohs      Translation: See the end of this dance description

Music: 2/4 meter      *Timeless Sounds*, Track 6

Formation: Open circle, leader on R, front basket, L over R.

Steps & Styling: Typical island-style syrtos lilt, flexing knees continuously, rising slightly on the cts and sinking slightly on all the “&s.”

<u>Meas</u>	<u>2/4 meter</u>	<u>Pattern</u>
6		<u>INTRODUCTION</u> . No action, start after drum beats.
	I.	<u>TWISTING TO LEFT</u> .
1		Facing ctr and moving to the L: Balancing on both heels, lifting toes and pointing them L (ct &); place toes on floor pointing diag L and bend knees (ct 1); lifting heels from floor, twist heels L (ct &); place heels on floor so toes are pointing twd ctr (ct 2).
2-8		Repeat meas 1 seven more times.
	II.	<u>BASIC STEP MOVING CCW</u> .
1		Facing ctr and dancing CCW, step R to R (ct 1); step on ball of L behind R (ct 2); step R to R (ct &).
2		Turning to face diag R, hop on R (ct &); step L in front of R (ct 1); step on ball of R to R (ct 2); step L in front of R (ct &).
3		Turning to face ctr, step R to R (ct 1); step on ball of L behind R (ct 2); step R in place (ct &).
4		Step L to L (ct 1); lift R knee fwd and swing R leg to L (ct 2); hop on L (ct &). Do this basic step until leader signals a change.
	III.	<u>TRAVEL TO RIGHT (CCW)</u> .
1		Step R to R (ct 1); step L in front of R (ct 2); step R to R (ct &).
2		Step L in front of R (ct 1); step R to R (ct 2); step L in front of R (ct &).
3		Facing ctr, hop R (or both) (ct 1); hop 2 times on R, lifting L in front of R (cts 2, &).
4		Repeat meas 3 with opp ftwk.
	IV.	<u>SPIRAL TO LEFT (CW)</u> .
1		Facing RLOD, take long step R (ct 1); step L slightly in front of R (ct 2); step R slightly in front of L (ct &).
2		Repeat with opp ftwk.

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3-12 Repeat meas 1-2 five times (6 total).

During this sequence the leader at the L end of the line does a spiral that gets fairly tight into the center by the end of the end of 12 measures.

Sequence: Fig I, Fig II until leader calls a change, Fig III until leader calls a change, Fig IV, Fig III until the end of the music, ending with ft together.

Sequence if not called by line leader: Fig I, Fig II five times, Fig III six times, Fig IV, Fig II until the end of the music, ending with ft together.

Alternative: Fig I, Fig II to the end of the music, ending with both ft together.

Presented by Lilian Vlandi

Translation of the dance name: There is a big island close to Athens called Evia. Located on the southeastern part of this island is Cape Kafireas. Often the entire southeastern part of Evia is given the name Kafireas. Cape Kafireas has a second name, given by Italians sailors, in 14<sup>th</sup>-15<sup>th</sup> centuries, using the words *cavo* (cape) and *duro* (hard) because the sea channel between southeast Evia and Andros, a nearby island, was and still is a very difficult stretch of sea. In Greek grammar, *-itikos* or *-otikos* or *-atikos* at the end of the word shows the origin, so the dance name from Evia is *cavodoritikos* which means *from cavo doro*. Since the Greek language does not have the letter *C*, it is written with a *K*. *kavodoro* or *kavodoritikos*.



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