

Dhipat (Ela Ela Leose)

Διπάτ

(Pontos Greece)

©2014 Andrew Carnie

Music: <https://www.youtube.com/watch?v=loy0PShci1o> [<https://www.youtube.com/watch?v=loy0PShci1o>]

Translation: Dhipat = two steps

Meter: 9/8 counted as Q Q Q S

Formation: short lines, hands bent at elbows and forearms held parallel to the ground, hands clasped. Stand close together

Like many traditional there are many other variations and ways of doing this dance. Every village does their own variation (see the videos below for example). This is the variant taught to the Tucson group by Gerry Spinks.

The way we do it

Bar 1: Step R to R (Q), Lift (Čukče) on R Lifting L up slightly and starting to cross over R (Q), Cross L foot over R (Q), stamp R next to L no weight.(S)

Bar 2: Step R backwards (Q), Lift (Čukče) on R Lifting L up slightly forward(Q) Step Back on L foot (Q), stamp R next to L no weight. (S)

Bar 3: Step R in place (Q), Lift (Čukče) on R Lifting L up slightly forward(Q) Step in place on L foot (Q), stamp R next to L no weight. (S)

Other ways of doing the dance

Some of the videos below do bars 2 and 3 differently doing two steps instead of a step stamp for the last two counts:

Alternative 1

Bar 2: Step R backwards (Q), Lift (Čukče) on R Lifting L up slightly forward(Q) Step Back on L foot (Q), step on R next to L (S)

Bar 3: Step L in place (Q), Lift (Čukče) on L Lifting R up slightly forward(Q) Sway to the R on R (Q), sway to the L on L (S).

Alternative 2

Bar 2: Step R backwards (Q), Lift (Čukče) on R Lifting L up slightly forward(Q) Step Back on L foot (Q), step on R next to L (S)

Bar 3: Lift on R (Q), Step on L in place (Q) Rock forward R (Q), Rock back on L (S).

