

ARKADIKÓS HORÓS (DIPLOS)
(Arkadia, Greece)

Source: The Arkadiko^s Horos^s (ar-kah-thee-KOHS ho-ROHS) is a dance which is from the area of Arkadia in Peloponnesos, Greece. It is sometimes called a "Diplos Horos": which means a double dance, or two dances put together to make one. This particular version is from the village of Botia (Palaiopirgos) in Mantinea, Arkadia. The song and the steps were learned from my great-uncle, Thodoris Pappayorgas, and my grandfather, Yannis Pappayorgas, as they did it in their village of Botia. There are other possible tunes for this dance, but the one they used was always "Yiorgis O Marathianos." Basically, this is a kalamatianos and a tsamiko joined together. In Thessalia there is a diplos horos with the Sta Triá joined to a tsamiko.

Music: Folk Dancer 4051-B. 7/8 plus 6/4 (3/4 meter).

Formation: A broken circle with hands joined at shoulder height, elbows down. The hands should not be pushed fwd into the circle, but should be comfortably back near the shoulders.









Characteristics: This dance is for both M and W. The M can be more energetic in their styling than the W. It is basically a Pidichtos or leaping dance and the style should have an up and down feeling.

Meas Ct










PATTERN

7/8

(KALAMATIANÓS)  or 

I		Wt on L ft, lift L heel. Step sdwd to R on R ft. Step behind R ft on L ft.
II		Step sdwd to R on R ft. Step across in front of R ft on L ft.
III		Step to R on R ft. Step across in front of R ft on L ft.
IV		Step sdwd to R on R ft. Step next to R ft on L ft.
V		Step in place on R ft.
VI		Step in place on L ft.
VII		Step in place on R ft.
VIII		Step in place on L ft.
V-XVI		Repeat action of above meas I-IV three more times (four in all).

ARKADIKÓS HORÓS (DIPLÓS) (continued)

- 3/4 (TSÁMIKOS) 3 cts per meas: 
- I  Step sdwd to R on R ft.
 Step across in front of R ft on L ft.
- II-III Repeat meas I.
- IV  Step sdwd to R on R ft.
 Hop on R ft, swinging L ft behind the R leg.
- V  Step sdwd to L on L ft.
 Step across in front of L ft on R ft.
- VI  Step sdwd to L on L ft.
 Hop on L ft, swinging R ft in front of and close to L leg.
- VII-XXIV Repeat action of above meas I-VI three more times
(four in all).

Dance repeats from beginning (Kalamatianós).

Presented by John Pappas

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