

SHAKE THEM 'SIMMONS DOWN  
(American)

An Alabama play party game.

Music: "Merrily Dance" by Vyts Beliajus.

Formation: Any number of cpls form a circle, all hands joined.

Pattern: All walk to L 16 steps  
All walk to R 16 steps  
Four steps to ctr, four steps back, repeat  
Do-si-do twice around your ptr  
Do-si-do twice around your L hand lady  
Promenade with the same L hand lady, who now becomes  
your new ptr.

Words: Circle left, do, oh, do, oh, circle L do, oh, do, oh.  
Circle left, do, oh, do, oh, Shake them 'simmons down.

2. Circle right, do, oh, do, oh.....
3. Balance all, do, oh, do, oh.....
4. Round your partners, do, oh, do, oh.....
5. Round your corners, do, oh, do, oh.....
6. Promenade all, do, oh, do, oh.....

Presented by: Vyts Beliajus

THREE MEET  
(American of English Origin)

Music: Record: Folkraft 1262

Formation: Trios of 1 M between 2 W, inside hands joined. One trio facing  
another around the room.

<u>Measures</u>	<u>Pattern</u>
1	Walk 3 steps fwd and bow.
2	Walk back to place.
3-4	With 8 walking steps, or slides, R hand person leads trio over to the opp place (still facing original opp trio).
5-8	Repeat all of above and end in own place.
9-10	Release hands. M hooks R elbows with R hand W and skips around with 8 steps (can be a walking step).
11-12	M hooks L elbows with L hand W and skips around 8 steps.
13-16	Form a basket of three, joining hands behind each other. The trios which have faced CW slide to their L in this basket while moving on the inside of the circle to the next trio. Trios which have faced CCW slide to their L in the basket while moving on the outside of the circle to face the new trio. 16 slide steps, pivoting until two new trios, next in order, face. Repeat dance from the beginning.

Presented by: Vyts Beliajus