

Kahuli (Dancing)

(Hawaii)

‘Auana – modern hula

CD: *Aloha, Marilyn Gentry & Nora Nuckles, Stockton Folk Dance Camp 2008, Band 6.* 4/4 meter

Starting Position: See measures 1-4 in introduction below.

Measure	Footwork	Arms
	Introduction	
1-4 & whir-whir sound	Stand.	L arm in front of body about chest level with elbow bent. Hand is palm down & does not cross center line of body. R hand on waist, fingers fwd. 2 leis hang over L wrist with smaller one closer to the hand.
	Dance	
1	With knees slightly bent, R kaholo (step to R side -,R (1),L (2),R (3),L touch by R ft (4))	Move to ready position: L as above. R arm extend out to R side about chest level. Palm is down.
2	L kaholo (step L, (1) R (2), L (3), touch R by L ft (4). Make ¼ turn to R (CW) with these steps.	Reverse meas 1. Leave the leis on L wrist.
3	R kaholo, making a ¾ turn (CW)	Repeat meas 1
4	L kaholo	Repeat meas 2
5	R kaholo	Place L hand, fingers fwd, on L hip and R hand, palm down, slightly over hip at waist level. Move the R hand L and R , L and R (like a parade wave).
6	L kaholo	Reverse meas 6
7	R kaholo, move diagonally fwd 45 degrees R	Remove flower lei with R hand and place lei around your neck. L arm moves in to meet R to help with lei removal
8	L kaholo,move diagonally fwd 45 degrees to L	Both arms move up to overhead, slightly in front, gently holding lei. L hand is slightly higher than R to present lei.
9	R lele bkwd (step on R ft) L lele bkwd (step on L ft)	Raise L arm slightly higher. Slight lean of upper body to R Reverse arms and lean of body
10	R ka’o (hip sway in place-step on R (1) touch L (2), L ka’o(hip sway in place step on L ft (3), touch R (4))	Move R arm out to R side. Cross L arm in front of body (L hand does not cross center line of body). Arms at waist level, with palms of hands down. Move hands & fingers gently to make to small waves to R (ct 1& 2). Arms and hands reverse on L ka’o (ct 3 & 4)..

11	R kaholo . Make a ¼ turn R (CW)	Move arms in front at waist level. Turn hands down to “pick” flowers and rotate hands inward and raise to palm up to present flowers. R hand is slightly higher than L hand.
12	L kaholo	Reverse meas 11.
13	R kawelu (Turn ¼ L (CCW) step R in front, lift L heel (1), back on L (2), step R to front (1/4 turn CW) (3), touch L in place (4))	Move arms to R ready position (1), extend to front (2), and in to match L arm position, i.e., both arms are bent, elbows at chest level, palms down (R arm follows R ft) (3), hold (4).
14	L kawelu (Reverse meas 13)	Reverse meas 13
15	R kaholo huli turn CW (380 degree turn to end facing front) Step R,L,R, touch L	Hold arms in R ready position.
16	L kaholo huli turn CCW(380 degrees turn to end facing front) Reverse meas 19	Hold arms in L ready position
17	R olapa (Touch R ft to R side (1), touch R ft to front (2), touch R ft by L ft (3), lift both heels up (&), place heels down (4).	Move arms to R ready position, but drop R arm slightly to follow R ft. (L and R arms in “arrow” position) (2). Swing R arm out straight to front about shoulder level (3);, return R arm to position described in meas 13, ct 3 (&). Hold (4) Palms of hands face down. Fingers nearly touch on ct 3 & 4
18	L olapa (Reverse meas 17)	Reverse meas 17
19	R kaholo	Return arms to ready position.
20	L kaholo	Reverse meas 19
21	Repeat meas 17	Repeat meas 17
22	Repeat meas 18	Repeat meas 18
23	R kaholo huli turn (repeat meas 15)	Repeat meas 15
25	L kaholo to L side	Arms in ready position
25-43	Repeat dance from meas 1-19	Repeat meas 1-19
Ending	Touch L beside R, step bkwd on L leaving R (with straight leg) touching in front.	R arm stays out to R side. Move L arm out to L side. Move and extend both arms out to front - palms down. Hold.

Presented by Marilyn Gentry & Nora Nuckles