

GOOD OLD DAYS

American Novelty Dance

Record: Hi-Hat 831

Footwork: Opp throughout. Description for M.

Hands: Released or joined inside hands, but hands should be swinging rhythmically with individual interpretation.

Meas.

- 1-2 Place L heel fwd, toe turned out; place L ft near R.
Place R heel fwd, toe turned out; place R ft near L.
Spread heels, spread toes, spread heels, spread toes.
- 3-4 4 flexive walks fwd, L, R, L, R. *bouncy*
- 5-8 Repeat all of above once again.
- 9-10 Step on L ft and swing R ft fwd
Step on R ft and swing L ft fwd. *bkwd yes.*
- 11-12 Repeat above. *heels L*
- 13-14 Repeat "heel, step, heel, step," spread heels, toes, heels, toes.
- 15-16 Turn away from each other (cast off) with 4 flexive walk.

close heels & toes = go apart a little.

If used as a Mixer:

During the turning away M turns fwd with 4 walks to W ahead, W turn bkwd to M behind.

Presented by Vyts Beliajus