

# Cross-step Waltz Mixer

(United States)

- Music:** Any slow waltz music of approximately walking tempo.
- Rhythm:** 3/4 meter, 112 to 116 bpm is best.
- Formation:** Large circle of couples, in Ballroom pos, spaced evenly around the room, facing LOD.

## Meas

## Pattern

TURNING CROSS-STEP WALTZ (rotating CW and traveling LOD for two full rotations)

- 1 M step on R across L twd LOD (ct 1); step sdwd on L across LOD (ct 2); step sdwd on R twd LOD while pulling R shldr back (ct 3). This was a half-turn and M is now on outside facing in.
- 2 M step on L across R toward LOD (ct 4); step fwd on R in LOD between ptr's ft (ct 5); step fwd on L twd LOD (ct 6). W does same steps beginning on M's ct 4. Note: M may cross L behind R on ct 4.
- 3 Unfold from Ballroom pos to take hands in one large circle, so the W is at the M's R side, all generally facing into the ctr of the room but looking at your Corner (the next person) during this meas. The step is a simple waltz balance fwd (step-close-close).
- 4 Do a waltz balance bkwd, looking at your ptr.

## TURN CORNER

Dropping hand with ptr, do an Inside Turn with your Corner:

- 1 M step on R across L while raising his L arm gracefully twd the ctr of the hall, as W step on L across R, raising her R arm and beginning to turn CCW (ct 1); M step sdwd L and loops her head with his L hand in a CCW circular path like a halo, while W step back R continuing to rotate CCW, backing up under her own R hand (ct 2); having exchanged places with your Corner, face them and simply take the 3rd step in place, wherever it comfortably falls (ct 3). W continue to rotate. M face LOD at this moment.
- 2 M step on L in place as W step on R across L, directly away from the ctr (ct 1); M step on R in place as W step sdwd L, directly away from the ctr, beginning to turn CW (ct 2); take the third step wherever it comfortably falls, continuing to rotate CW, and taking Ballroom pos, M facing out and W facing into ctr (ct 3).
- 3-4 Repeat meas 1-2.

Like many folk dances, this dance is not about technique or complexity. The intent is connecting to each of your ptrs completely during the short waltz.

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