

Jiffy Mixer

(U.S.A.)

Dance composed by Jerry and Kathy Helt.

Music: Windsor No. 4684, music by the Pete Lofthouse Band.

Formation: Cpls in Butterfly pos, M's back twd ctr of hall. Steps are described for the M, W dances opp ftwk.

Meas

Pattern

INTRODUCTION

1-4 **Wait; wait; balance apart; balance together; touch:**
Wait 2 meas; balance bkwd on L twd ctr of hall (W away on R); touch R toe beside L ft; balance fwd on R twd ptr; touch L toe beside R ft.

DANCE

1-4 **Heel, toe; heel, toe; side, close; side, touch:**
In Butterfly pos, strike L heel to floor fwd and twd L side, touch L toe beside R ft; repeat; step on L to L side in LOD, close R to L taking wt on R; step again on L to L side in LOD, touch R toe to floor beside L ft keeping wt on L.

1-4 **Heel, toe; heel, toe; side, close; side, touch:**
Repeat meas 1-4 starting with R and moving in RLOD.

9-12 **Chug, clap; chug, clap; chug, clap; chug, clap:**
Releasing hands, ptrs do four "chugs" away from each other with wt on both ft, M moving twd ctr of hall and W moving bkwd twd wall, clapping hands on the upbeat of the music following each chug.

13-16 **Walk to R, — ; two, — ; three, — ; four, — (to Butterfly):**
Start with L, take four slow, swaggering steps fwd and diag to R, progressing to new ptr, ending in Butterfly pos, M's back twd ctr of hall, ready to repeat the dance.

Perform entire dance for a total of eight times, ending with new ptrs bowing at the finish of the eighth sequence.

Note: Jiffy Mixer is also enjoyable to dance, especially for youngsters, in a single circle, all facing in with hands joined, all using the same ftwk (starting with L ft), but not progressing to a new ptr with each cycle of the dance.

From the 2004 syllabus