

Oige Ja Vosemba - Estonia  
(Right and Left)

Formation: partners in closed circle, women to ~~left~~<sup>right</sup> of men. V hold.

Part One: Beginning with left (outside) foot, all circle to left (CW) 16, walking steps, gently swinging arms. A light stamp may be given on 16<sup>th</sup> step. Reverse and repeat above toward the right (CCW.)

Part Two: Partners release hands.

Women: step into center, arm in W position, palm to palm. Circle left (CW) 16 steps in this position and repeat toward right (CCW.)

Men: adjust to close outside circle (hold hands) and continue walking toward the right (CCW) 16 steps. Reverse and take 16 steps toward left (CW.)

Transition to basket hold: On count 15 of Part Two, men (still holding hands with each other,) approach their partners with arms held high, in order for women to back out next to their partners (still holding hands, also, with each other.) On count 16, men drop arms down in front of women, while women straighten stance.

Part Three: In basket hold, all proceed left and right, as in Part One.

Part Four: Release handhold and face partner. Begin a Grand Right and Left (CW) circling halfway (180 degrees) around with the seventh person to face the direction you came from. Repeat toward right (CCW) to end up with original partner.

The dance goes through twice.

Dance presented by Heidi Vorst -  
Courtesy of Linda Teese, Director  
Portland Estonian Folkdancers