

# Ingliskad

(Estonia)

Ingliskad are older group dances (singular is Ingliska).

Pronunciation: ING-lees-kaht

Music: Estonian Dances—Stockton Folk Dance Camp 2003, Band 6

2/4, 3/4 meter

Formation: Depends on variation.

Steps: Butterfly polka: Swing L ft back in arc aided by body twist, landing on both ft (ct. 1), small steps (bounces) R, L in place or moving slightly to R (cts &,2). Repeat to R with opp ftwk.

## Meas

## Pattern

### INGLISKA 1: FROM KABERNEEME, NORTH-ESTONIA

Formation: Cpls in circle, hands down, W on M right.

- 2/4 meter I. A BIG CIRCLE  
 1-16 Walk 16 energetic steps CW, beg L; walk 16 steps CCW, beg. L.
- II. GRAND RIGHT AND LEFT  
 1-32 M moving CCW, W moving CW dance Grand Right and Left around the whole circle, 2 steps (1 meas) per person. M puts 16<sup>th</sup> W on his right to form a circle.
- III. IN AND OUT  
 1-2 In circle, all walk 4 steps in and 4 back out (L,R,L,R, L,R,L,R)  
 3-4 Repeat in and out.  
 Dance repeats 3 times.

### INGLISKA 2 FROM KUUSALU, NORTH-ESTONIA

Formation: Longways sets, couples facing couples, free hands are fists on waist. Six couple sets are preferable since this brings cpls back to orig pos at end of Fig. I.

- 2/4 meter I. WEAVING  
 1-16 Ptrs face with hands on hips. Pass ptr back to back L shldr leading with 2 steps; pass next person back to back with R shldr lead, etc. On ends of lines take 4 steps to turn L and weave back on same line.
- II. BUTTERFLY-POLKA  
 1-4 4 butterfly polka steps beginning to L.  
 5-8 Pass through with 4 walking steps and turn L 4 steps in opp place.  
 9-16 Repeat meas 1-8 back to place.
- III. FORWARD AND BACK  
 1-4 Do Ingliska I, fig. III.  
 Repeat dance from beginning

## Ingliskad—continued

**INGLISKA III: FOR STAGE, PUT TOGETHER FROM TRADITIONAL INGLIKAD**

Formation: Longways sets for 8 cpls, M in one line and W in the other. Six, ten or twelve cpl sets are also possible.

Steps: Walk, Butterfly Polka, Waltz.

- I. SMALL CIRCLES
- 1-8 Starting with L, move into small circles of four cpls (or half of group), for odd numbered cpls the M moves twd W side, for even numbered cpls the W moves to the M side. Circle L (CW) completing a total of 16 steps
- 9-16 Starting L ft, circle R (CCW) walking 12 steps; walk 4 steps to end in orig longways set.
- II. BUTTERFLY-POLKA
- 1-16 Do Ingliska II, fig II.
- III. BIG CIRCLE
- 1-8 Starting with L ft., all cpls move into one large circle as in Fig. I; circle L (CW) to complete 16 steps.
- 9-16 Starting with L ft., circle R (CCW) with 12 steps; walk 4 steps to end in orig. longways set.
- IV. BUTTERFLY-POLKA
- 1-16 Repeat Fig II.
- V. RIGHT AND LEFT IN ROWS
- In the music, two cords signal a break during which all turn to face top of set, except top two dancers who face down.
- 1-16 Using hooked R elbows top dancers start a weaving pattern down their line and back; other dancers follow as they are passed by lead person. Dancers pass each person with two steps, alternating first R elbows, the L elbows taking four steps to turn back at the ends and start again with R elbows.
- VI. SHORT POLKA
- 1-2 Pass ptr. back-to-back L shldr leading with 4 steps; turn to face across the set.
- 3-6 Dance 4 butterfly polka steps, beg L,
- 7-12 Repeat back to place.
- VII. FORWARD AND BACK
- 1-4 Do Ingliska I, Fig. III
- VIII. GRAND RIGHT AND LEFT
- 1-16 Starting with the cpl at the bottom of the set, they give R hands and pass each other, L to the next and proceed up the opposite line. Other dancers join in as the lead dancers reach them (2 steps per person).
- 3/4 meter IX. WALTZ
- 1-16 With new ptr. Dance 16 turning waltz steps, using last four meas to reform lines.
- X-XIII Repeat figures VI through IX, except do not form longways sets at end of Fig XIII.