

# Ingliska Dances

(Estonia)

Ingliska dances are older group dances.

Pronunciation:

Music:

2/4 meter

Formation: Depends on variation.

Meas

Pattern

## VARIANT 1 FROM KABERNEEME, NORTH-ESTONIA

formation: circle.

### I. A BIG CIRCLE

1-16 Walk 16 steps CW, beg L; walk 16 steps CCW.

### II. GRAND RIGHT AND LEFT

varies M moving CCW, W moving CW dance Grand Right and Left around the whole circle.

### III. IN AND OUT

1-2 In circle, all walk 4 steps in and 4 back out

3-4 Repeat in and out.

## VARIANT 2 FROM KUUSALU, NORTH-ESTONIA

formation: longways.

### I. WEAVING

varies 1 and 2, 3 and 4 and so on beging passing L shldr back to back, next right shldr and so on until the end of the lines, there turn around CCW and weaving back.

### II. BUTTERFLY-POLKA

1-4 4 steps polka without jumping, beg L ft with a small bow behind R.

5-8 Pass through with 4 walking steps and turn L 4 steps in opp place.

9-16 Repeat meas 1-8 back to place.

### III. FORWARD AND BACK

1-2 Lines walk 4 steps fwd and 4 back

3-4 Repeat meas 1-2.

## Ingliska Dances—continued

**INGLISKA FOR STAGE, PUT TOGETHER FROM TRADITIONAL INGLIKAS**

formation: longways for 8 cpls, M in one and W in the other.

steps: Walk, Butterfly Polka, Walz.

**I. SMALL CIRCLES**

Every other cpl active.

- 1-4 In groups of 4, circle L (CW) walking 16 steps  
5-8 Circle R (CCW) walking 16 steps to end in orig longways set.

**II. BUTTERFLY-POLKA**

- 1-8 Beg L, walk 4 steps passing through and 4 steps walk turning L polka and pass through back

**III. BIG CIRCLE**

Join hands in lines and at ends of line.

- 1-8 Walk 16 steps CW  
9-16 Walk 16 steps CCW to end back in longways set.

**IV. BUTTERFLY-POLKA AND PASS THROUGH**

- 1-8 Repeat Fig II.

**V. RIGHT AND LEFT IN ROWS**

In the music, two cords signal a break.

- 1-16 All turn to upper end of the rows and two top dancers start R and L, the others joining it when the first ones come to them, together 32 steps, in the ends of rows turn R.

**VI. PASS THROUGH AND TURN LEFT**

With 4 butterfly polka 4 steps, beg L, pass through turn to face the ctr of the set.

**VII. RIGHT AND LEFT WITH ARMS**

- 1-16 Repeat Fig V, giving arms instead of hands

**VIII. PASS THROUGH AND TURN LEFT**

- 1-4 Repeat Fig VI back to orig places.

**IX. FORWARD AND BACK**

- 1-4 Lines walk 4 steps fwd and 4 back; repeat.

**X. GRAND RIGHT AND LEFT**

- 1-16 All turn to upper end of the rows and two top dancers start R and L, the others joining it when the first ones come to them, together 32 steps, in the ends of rows turn R.

**XI. WALZ**

- 1-16 16 Walz turns with whomever happens to be one's ptr after R and L. End in rows.

**XII. REPEAT FIG XI, X, AND X**

Presented by Jussi Aronen