

# Estonian Kadrell

(Estonia)

Kadrell is a quadrille dance from Setumaa (an old-fashioned cultural area in southeastern Estonia with orthodox religion and its own strong language dialect. About half of the Setus live on the Russian side of border.

Pronunciation: KAH-drehl

Music: Estonian Dances—Stockton Folk Dance Camp 2003, Band 15 4/4 meter

Formation: Longways sets with couples facing across the set, W on M's R. 1<sup>st</sup> M in each set of four has L shldr to music. Number of measures indicated is flexible. Those given are suggestions that fit this music.

Styling: There are four walking steps per measure. After each part of the dance, there is a short break in the music. At the end of each part, W gives her L hand to M, who claps it with his L. Posture is to lean back from waist slightly during walks.

Swing: Couples turn CW with walking steps, arms in either ballroom or polska hold.

## Meas

## Pattern

### I. CHANGE PLACES

- 1-4 Cpls change places, W passing in the middle, and swing ptrs in opp place (total of 16 steps).
- 5-8 W change places and swing opp M.
- 9-12 With inside hands joined, both W lead this M around to opp side of set and swing.
- 13-16 W change places and swing ptr.
- 17-20 With inside hands joined, both W lead ptr around set back to place.
- 21-24 W turn under M's hand and swing until end of music.

### II. TURN AWAY

- 1-2 Individuals turn away from ptr, M to L, W to R.
- 3-4 Swing ptr.
- 5-8 W change places and swing opp M.
- 9-12 Repeat meas 5-8 returning to ptr.
- 13-16 M walk toward opp M in an arc and return to ptr and swing.
- 17-20 M change places and swing opp W.
- 21-24 M change places and swing ptr.
- 29-36 Repeat meas 17-24.

### III. WOMEN LEFT ELBOW HOOK

- 1-4 W run fwd and hook L elbow with opp W and pick up ptr to form a line. Line rotates around to end in opp places.
- 5-8 Pass through to orig places, W passing R shldrs on inside and swing.
- 9-16 Repeat meas 5-8.

## Estonian Kadrell—continued

IV. CIRCLE OPPOSITE

- 1-4 W1 turn CCW under ptr's arm (using M's R hand, W's L hand) and both couples swing.  
 5-8 W1 and opp M turn CW around each other facing, no hands. Return to place and swing ptr.  
 9-16 W2 and opp M repeat meas 1-12.  
 17-32 Repeat meas 1-16.

V. MEN'S SOLO

- 1-4 W1 turn CCW under ptr's arm (using M's R hand, W's L hand) and both cpls swing.  
 5-8 W1 run to L side of opp M2 and M1 dances improvised steps as others watch.  
 9-12 M1 dances across to W2 as M2 and W1 move across the set and both cpls swing.  
 13-16 M change to own ptrs and swing.  
 17-32 Repeat meas 1-16 with cpl 2 active.  
 33-64 Repeat meas 1-32.

VI. PROGRESSIVE PROMENADE

- 1-2 Ptrs standing side by side, M R arm on W R waist, L hands joined in front, all couples promenade 8 steps CCW.  
 3-4 W turn CW under M's L arm and swing for a total of 8 steps.  
 5-8 M move on to next W and repeat meas 1-4 to end of music.  
 Figure repeats to end of music (or dancers reach own ptr. and swing).

Figure VI can be danced with the couple across the set only.

Presented by Jussi Aronen