

FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE:
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EIDE RATAS

SPINNING WHEEL
(Estonia)

MUSIC : Records: Sonart M 303; Imperial 1007
Folkraft 337-008; Folk Dancer MH 1018

FORMATION: Cpls in a double circle, both facing CCW in closed pos*.

STEPS AND
STYLING: Leap-step-hop: Leap fwd onto the outside ft (ct 1) at the same
time bending the body fwd. Step fwd on the inside ft (ct 2);
hop on inside ft (ct 3). On cts 2 and 3 the body is straightened.

MUSIC 3/4

PATTERN

Measures

I. LEAP-STEP-HOP and TURNING

A 1-2 Beginning with outside ft, move fwd in LOD with 2 leap-step-hop patterns.

3-4 In closed pos, R hips adjacent, cpls turn CW once with 6 running steps.

5-8 Repeat action of meas 1-4.

1-8 Repeat action of meas 1-8.

II, WALTZ AWAY and RETURN

Ptrs face, back of hands on hips, M with back to ctr, W facing ctr.

B 9 Beginning with L ft, move bwd with 1 waltz step, turning slightly to L.

10 Beginning with R ft continue to move bwd with 1 waltz step, turning slightly to R,

11-12 Repeat action of meas 9-10

13-14 Ptrs move fwd twd each other with 6 running steps,

15-16 Hooking R elbows, ptrs turn in, place (CW) with 6 running steps. W finish on inside, M on outside of circle.

9-16 Repeat action of meas 9-16 (W twd ctr, M away from ctr) with ptrs hooking L elbows. Finish in orig pos to repeat dance from the beginning.

NOTE: This is sometimes danced progressively by having the M hook L elbows with the W on his R on meas 15-16.