# Abba Shimon

(Israel)

Abba Shimon was choreographed by Israel Yakovee to a traditional Yemenite melody.

Pronunciation:

Cassette: Israel Yakovee '93

Formation: Lines facing ctr. Hands held close together, elbows bent.

| Cts | Pattern |
|---|---|
| | INTRODUCTION |
| | PART I |
| 1-4 | Rock fwd on R; rock bkwd on L; rock fwd on R; hop on R. |
| 5-6 | Step on L; hop on L. |
| 7-9 | Travel fwd R, L, R. |
| 10-12 | Hop on R in place; step bkwd on L; jump bkwd on both ft. |
| 13-16 | Step bkwd on L; step on R in place; step fwd on L; slight hop on L. |
| 17-32 | Repeat cts 1-16. |
| | PART II |
| 1-4 | Step fwd on R; step on L next to R; step bkwd on R to R; hold. |
| 5-8 | Yemenite L. |
| 9-12 | Slide R, L, R moving CCW in LOD; pivot to L to face out. |
| 13-16 | Yemenite L. |
| 17-32 | Repeat cts 1-16 beginning facing out and pivoting L to face in. |
| | INTERLUDE. Facing ctr. |
| 1-4 | Step fwd R, L, R, hold. |
| 5-8 | Step fwd on L; step on R in place; step bkwd on L; hold. |
| 9-12 | Step bkwd R, L, R, hold. |
| 13-16 | Yemenite L. |
| | PART III. Moving CCW. |
| 1-4 | Step on R; hold; step on L heel, then step on L full ft. |
| 5-8 | Slide R, L, R, hold. |
| 9-12 | Step on L behind R; step on R to R; step on L across in front of R; hop on L. |
| 13-16 | Jump on both; land on R; step on L behind R; step on R to R. |
| 17-18 | Step on L in front of R; hop on L. |
| 19-20 | Sway R; sway L. |
| 21-24 | Yemenite R; hold. |
| 25-44 | Repeat cts 1-20 moving CW using opp ftwk. |
| 45-46 | Step L, R. |

Abba Shimon—continued

PART IV. Facing ctr.

| | |
|---|---|
| 1-4 | Step fwd on L; step on R next to L; step bkwd on L; hold. |
| 5-8 | Step on R behind L; step on L to L; step on R across in front of L; hold. |
| 9-12 | Slide L, R, L, pivot R to face out. |
| 13-16 | Yemenite R. |
| 17-32 | Repeat cts 1-16 facing out. Step 32 begins the rock R for Part I. |

Presented by Israel Yakovee