ARNAUTSKO HORO

Арнаутско Хоро
(Pirin-Bulgaria)

A dance related in form to the *Beranče* and *Pušteno* dance forms. The dance may be of Albanian origin. «Arnaout» is a term often used to mean «of Albanian origin».

Pronunciation: Ahr-nah-OOT-skoh
Music: Yves and France Moreau CD
Meter: 2/4
Formation: Mixed lines or open circle; hands joined up in «W» pos; wt on L, face R of ctr.

Meter: 2/4	**Pattern**

Introduction: 14 meas (instrumental). Start dance with song.

Fig. 1: Basic step

1 Facing LOD, step fwd on R (1) rock back onto L ft (2) step fwd on R (&)
2 Step fwd on L (1) step fwd on R (2) step fwd on L (&)
3 Turning to face ctr, step on R (1) step on L in front of R (2) step on R in place (&)
4 Slight lift onto R (&) push-kick L downward in front of R (1) with L leg opening out to L, step on L behind R (2) pause (&)
5 Facing ctr, wt on L, point R ft bkwds and slightly R (1) pause (&) point R ft fwd (2) pause (&)
6 Facing ctr, step diag back onto R (1) step on L in place (&) step on R in front of L (2) pause (&)
7 Repeat pattern of meas 6 with opp footwrk

Dance repeats from beginning

Presented by Yves Moreau

Description © Yves Moreau

DCFF 2013 Carol Johnson