# Alulenu

(Bulgaria)

This is a dance for both men and women from the village of Vrav in Northwest Bulgaria, the Vidin–Danube river area). "Alunelu" is a Vlach word that means "hazelnut." The dance is performed with instrumental accompaniment. The dance pattern includes 4 figures.

Pronunciation: ah-loo-NEH-loo

Music: *Ya si te daruvam surtseto, dushata* CD *(I Give You My Heart, My Soul)* 2/4 meter
Songs & Dances from Bulgaria, Macedonia, & Serbia. Band 5.
*Dances from Serbia & Northwest Bulgaria*. Band 1.

Formation: Open circle; belt hold, facing ctr.

Steps & Styling: Feet parallel.

| Meas | Pattern |
|---|---|
| 4 meas | INTRODUCTION |
| | I. FIGURE I |
| 1 | Step on R fwd (ct 1); step on L beside R (ct &); step fwd on R (ct 2); hop on R with L slightly lifted (ct &). |
| 2 | Step on L fwd (ct 1); step on R beside L (ct &); step fwd on L (ct 2); hop on L with R slightly lifted (cts &). |
| 3 | Repeat meas 1. |
| 4 | Repeat meas 2. |
| 5 | Step on R bkwd (ct 1); step on L bkwd (ct &); step on R, L, bkwd (cts 2,&). |
| 6 | Step on R bkwd, (ct 1); step on L bkwd (ct &); step on R and stamp L in place (cts 2,&). |
| 7 | Step on L in place (ct 1); stamp R (ct &); step on R in place, (ct 2); stamp L (ct &). |
| 8 | Step on L in place (ct 1); stamp R (ct &); stamp R (cts 2,&). |
| 9-16 | Repeat meas 1-8. |
| | II. FIGURE II |
| 1 | Step on R in place (ct 1); step on L in front of R (ct &); step on R in place (ct 2); small L kick fwd (ct &). |
| 2 | Step on L in place (ct 1); step on R in front of L (ct &); step on L in place (ct 2); small R kick fwd (ct &). |
| 3 | Step on R in place (ct 1); step on L across in front of R (ct &); step on R in place (ct 2); step on L in place (ct &). |

Alulenu—continued

| | |
|---|---|
| 4 | Step on R in front of L (ct 1); step on L in place (ct &); step on R in place (ct 2); step on L in front of R (ct &). |
| 5 | Step on R in place (ct 1); step on L in place (ct &); step on R in front of L (ct 2); step on L in place (ct &). |
| 6 | Step on R in place (ct 1); step on L in front of R (ct &); step on R in place (ct 2); small L kick fwd (ct &). |
| 7-12 | Repeat meas 1-6 with opp ftwk and direction, except on meas 6, ct &, lift L fwd. |

III. FIGURE III

| | |
|---|---|
| 1 | Step on R heel to R (ct 1); step on L behind R (ct&); step on R heel to R (ct 2); step on L behind R (ct &). |
| 2 | Step on R heel to R (ct 1); step on L behind R (ct &); step on R heel to R (ct 2); lift L (ct &). |
| 3-4 | Repeat meas 1-2 with opp ftwk and direction. |
| 5-8 | Repeat meas 1-4. |

IV. FIGURE IV

| | |
|---|---|
| 1 | Leap onto R (ct 1); stamp L in place (ct &); leap onto L (ct 2); stamp R in place (ct &). |
| 2 | Leap onto R (ct 1); stamp L in place (ct &); stamp L in place (cts 2,&). |
| 3-4 | Repeat meas 1-2 with opp ftwk and direction. |
| 5-8 | Repeat meas 1-4. |

SEQUENCE: Fig I, Fig II, Fig III, Fig IV, then Fig II, Fig III, Fig IV and repeat everything from the very beginning.

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